CERTIFICATE - EXPRESSIVE ARTS THERAPY

Certificate in Expressive Arts Therapy

This 9-credit, 3 course, 100% online Certificate in the Expressive Arts Therapy provides students with an overview of how the creative arts are used in the field of psychology. Students will learn an overview of history, philosophy and the creative process of expressive arts therapy to foster personal growth and build community. Courses will explore the principles and practices of expressive therapies and students will gain the knowledge they need to integrate the arts and creative thinking into a professional setting.

Certificate Outcomes

Upon completion of the Certificate in Expressive Arts Therapy students will be able to:

- Analyze expressive therapeutic practices in different cultures and professional settings.
- Explain the creative process within the scope of practice of expressive arts therapy.
- Examine expressive arts therapy as part of the therapeutic process and a tool for personal awareness and self-reflection.

EA 104	Introduction to Expressive Arts Therapy	3
EA 206	Principles and Practices of Expressive Arts Therapy	3
EA 301	Expressive Arts Therapy Studio	3
Total Hours		**9**