(EA) EXPRESSIVE ARTS THERAPY

Courses

EA 104. Introduction to Expressive Arts Therapy. 3 Hours.
This course is an introduction to expressive arts therapy and includes a brief historical overview, an examination of professional standards of practice, educational requirements, general theory and application in therapeutic settings. Students explore the field of expressive arts therapy through a combination of scholarly discussions, readings, videos and direct engagement with the creative process in the expressive arts therapy.

EA 206. Principles and Practices of Expressive Arts Therapy. 3 Hours.
This course exposes students to the practical principles and practices of Expressive Arts Therapy. Students will learn about emerging models of expressive arts therapy with a focus on expertise, understanding and application of the expressive arts therapy techniques among a variety of populations. Prerequisite(s): EA 104.

EA 301. Expressive Arts Therapy Studio. 3 Hours.
In this course, students apply what they learn in EA 104 and EA 206 to Expressive Arts Therapies in a studio setting that is designed to foster self-reflection through the creative process and various forms of expression. Students will ground their creative exploration in the practices of expressive arts while observing and responding to their peers' self reflections. Prerequisite(s): EA 104.