

# BS NUTRITION AND HEALTH

## General Education Requirements

EH 105	College Writing	3
EH 360	Writing in the Health Professions	3
HE 114	Husson Experience & Building Professional Skills	3
PY 111	General Psychology	3
PY 141	Human Growth and Development	3
SC 180 & SL 180	Principles of Gen Chemistry and Prin of Gen Chemistry Lab I	4
SY 230	Medical Anthropology	3
Bridge Elective with Sustainability Tag		3
Fine Arts Elective		3
Foreign Culture or Conversation Elective		3
Historical Elective		3
Humanities Elective		3
Literature Elective		3
Math I Elective		3-4
Math II Elective		3
Philosophical Elective		3

## Major Requirements

HS 301	Introduction to Public Health	3
MK 326	Consumer Behavior	3
PY 113	Ethics and Professional Conduct	3
PY 320	The Psychology of Nourishment & Wellness	3
PY 335	Behavioral, Psychological, and Rehabilitation Intervention Models	3
SC 107	Foundations of Functional Fitness, Nutrition, & Wellness	3
SC 120	Functional Anatomy and Physiology	3
SC 234	Nutrition	3
SC 368	Gut Microbes, Diet & Health	3
SC 439	Nutrition, Disease & Lifespan	3

## Major Electives

Choose four of the following:		12
BA 101	Introduction to Business	
BA 231	Principles of Leadership	
BA 310	Organization and Management	
BA 311	Human Resource Management	
HS 101	Introduction to Health Care Studies	
HS 302	Global Health	
HS 311	Healthcare Management and Organization	
HS 321	Healthcare Law and Ethics	
HS 411	Health Economics and Policy	
PY 231	Social Psychology	
PY 232	Abnormal Psychology	
PY 340	Physiological Psychology	
PY 341	Gerontology	
SC 224	Research Design	
SC 322	Epidemiology	
SC 330	Exercise Physiology	
SC 363	Group Exercise Instruction, Design & Management	

SC 429	Specialized Therapeutic Exercise Programs	
Open Electives		
Open Electives		30
<b>Total Hours</b>		<b>121-122</b>